

REGISTRATION FORM

CHILD'S NAME: _____

SCHOOL: _____ GRADE (Current): _____

PARENT NAME(S): _____

PHONE: _____

E-MAIL: _____

EMERGENCY CONTACT: _____

EMERGENCY PHONE: _____

I understand that rugby is a full contact sport and accidents can occur with or without any fault on either the part of the student, or the Abbotsford Rugby Club or its employees or agents, or the facility where the activity is taking place. By allowing your son/daughter to participate in this activity, you are accepting the risk of an accident occurring, and agree that this activity, as described in this document, is suitable for your child.

Medical concerns, if any: _____

(parent/guardian signature)

T-SHIRT (Adult Sizes): YL S M L XL XXL

Please drop off/mail this registration form to the Fraser Middle office before June 28 or email completed form to rugbyhead@telus.net
c/o Ryan McWhinney at W. A. Fraser Middle
34695 Blatchford Way, Abbotsford, BC, V2S 6M6

Cheques made payable to Abbotsford Rugby Club or etransfers to rugbyhead@telus.net

ABBOTSFORD SUMMER RUGBY CAMP 2019



July 2-JULY 5th
9:00am-2:30pm

at Fraser Middle
Boys and Girls!

Ages 11-15

ABBOTSFORD RUGBY CAMP

Each day there will be skill development sessions, fun games, and activities to enhance players' rugby experience. We will also do various testing to identify and improve upon key skill areas.

The following skills will be coached during the camp:

- Ball handling
- Kicking
- Evasive Running
- Lineout and scrum play
- Forward and back line positions
- Defensive play
- Rucking and mauling
- Speed and quickness training
- Tackling

Participants will get personalized support and individual feedback from the coach and assistants. Participants will also receive a T-Shirt, rugby ball, and a pizza lunch on the last day of camp.

It will be a fun filled week where players will be coached in a number of different rugby skills.

Players will be active throughout the day!

There may be flexibility with age limits. For more info contact rugbyhead@telus.net or 604-866-1375.

INSTRUCTORS



JORDEN SANDOVER-BEST

(UBC Thunderbirds, Canada Senior Men)

Jordan Sandover-Best just attained a History degree at UBC and is now training with team Canada. He has played rugby since he was ten years old and has played representative rugby from U14 team BC through to the BC Bears not missing a single year since he was thirteen. Jordan grew up in Abbotsford and played rugby for Bateman. He has played for the U17(x2), U19, and U20 (x2) Canadian national teams. He has also played sevens with team BC and the Canadian 'Maple Leafs' for both youth and men's age grades. He has won 5 BC Premier championships in a row with UBC and the Ravens and earned 2015 UBC Back of the Year at UBC. Jordan also coached U16 and U17 rugby 7s at both the Victoria and Las Vegas international tournaments.



MACKENZIE CARSON

(Canada Senior Women, Bristol Bears)

Mackenzie started playing rugby in Abbotsford for the ARFC at 9 years old. She continued playing locally at Fraser Middle and Yale where she earned spots on various Fraser Valley and BC teams. She managed to win a championship with the Div 1 Abbotsford Women's team as a high school player in 2016. Mack captained the BC U-18 sevens team that won gold at the Nationals in 2016 and went on to be selected for Canada U-18 and U-20 and recently for the Canada Senior Women. Out of high school, Mackenzie attended UBC on a scholarship and was recently given the opportunity to play for the Bristol Bears in the Premiership division in England where she currently plays. Mack has coached locally with FV U-16 and U-18

teams and enjoys passing on her passion for rugby with young athletes.

Several other experienced coaches will be helping with the camp, including Chris Kleisinger, Ryan McWhinney, and several guest coaches.

COST

The cost for the camp is \$150 for the week. This fee includes a T-shirt, rugby ball, and pizza lunch on the last day, as well as prizes for skill contests.

Registration forms are due by Friday, June 28.

EARLY BIRD DISCOUNT – Only \$135 for registrations received before **Friday, June 21.**

*Cheques payable to Abbotsford Rugby Club