



YEAR																																
SEASON / PHASE	FALL																				WINTER											
MONTHS	SEPTEMBER				OCTOBER								NOVEMBER								DECEMBER											
WEEKS (MON-FRI)																																
	WK 1	WK 2	WK 3	WK 4	WK 5	WK 6	WK 7	WK 8	WK 9	WK 10	WK 11	WK 12	WK 13	WK 14	WK 15	WK 16	WK 17															
BOYS (GR: 6-7-8)																												SCHOOL CLOSED				
GIRLS (GR: 6-7-8)																																
YEAR																																
SEASON / PHASE	WINTER cont....								SPRING												SUMMER											
MONTHS	JANUARY				FEBRUARY				MARCH				APRIL				MAY				JUNE				JULY				AUGUST			
WEEKS (MON-FRI)																																
	WK 18																															
BOYS (GR: 6-7-8)	SCHOOL CLOSED																				SCHOOL CLOSED											
GIRLS (GR: 6-7-8)																					SCHOOL CLOSED											

SESSIONAL OVERVIEW	
9	Technical Skill 'focused' Sessions
9	Physical Dev/Movement 'focused' Sessions
7	Tactical/Game 'focused' Sessions
6	Classroom/Theory 'focused' Sessions
4	Free Play/Self-Discovery Sessions
35	TOTAL SESSIONS UP TO CHRISTMAS HOLIDAY