



Eugene Reimer
Middle School



PHYSICAL EDUCATION NOTICE AND CONSENT FORM

Dear Parents/Guardians:

The Physical Education department at Eugene Reimer Middle wanted to take an opportunity to welcome you back to school and give you some information about our program. We are happy to say that our department is rich with Physical Education experience and has teachers that are experts in a variety of areas. The department is looking forward to another excellent year.

Fitness off Campus & Walking Field Trips

During the school year we plan to take your son/daughter on walks or longer runs throughout the streets and neighbourhoods surrounding Eugene Reimer Middle School. At all times students will be asked to stay off private property and use all crosswalks and streetlights to maximize their safety. Occasionally, we will also use local facilities such as, but not limited to, Rick Hansen Secondary, Harry Sayers Elementary, and Ridgeview Park (5 minute walk from Reimer). Parents will be notified of any other formal field trips through their individual teachers.

Lockers

The use of day lockers in the change room at Eugene Reimer Middle is recommended, as the department will not be responsible for any lost or stolen items. There have been thefts in previous years and the only way we can stop this problem is if students lock their clothes and belongings in a locker during their PE class! Students are requested to purchase a lock for their PE locker during gym times. (These locks are not to be used for their school hallway locker.) If students leave any lock on a PE locker for more than one day, the lock may be cut off and items will be put into a lost and found bin.

PE Strip

Students are to wear PE strip (athletic wear) that is different from the clothes they have worn to school that day. Students are expected to participate in activities outside in various types of weather. We expect students to have a pair of non-marking athletic shoes that are clean so we can maximize the life of the gym floor.

When a student does not bring their PE strip to school, it will be up to the individual teacher to decide the consequence for the day. However, students who forget their strip on a regular basis will lose marks and could be referred to the principal or vice-principal.

Evaluation

Students will be evaluated in a number of areas in the Physical Education Program. The goal of the department is to promote lifelong physical activity. Therefore our emphasis will be to create a program where students enjoy physical activity, see the benefit of it, and work to improving their overall

fitness. Evaluation of each student will be based upon (may vary with each individual teacher and grade level):

1. Participation and Safety: which includes cooperating, having a good attitude, being prepared with appropriate strip, keeping others in mind, and an ability to give their best effort on a daily basis.
2. Skill Development: which includes never giving up on developing their gross and fine motor skills.
3. Knowledge: which includes developing an understanding of the rules and general play of any chosen sport or activity.
4. Fitness: which includes trying to improve their personal fitness level on a daily basis and working towards achieving minimal fitness standards for their age and gender group.

****Very Important****

Please fill out the consent form below and return to your son's or daughter's PE teacher. If you have any questions, please do not hesitate to contact your child's teacher.

Physical Education Parent/Guardian Consent Form

I give my permission for my child, _____, to participate in Physical Education classes at the fields of Ridgeview Park, Harry Sayers Elementary, and Rick Hansen Secondary as outlined above.

I also understand my child will be walking or running off campus and will be expected to stay off private property, obey all traffic signs, crosswalks, and streetlights.

Medical Concerns, if any: _____
(Please also include this information on BCeSIS Student Information Verification)

PARENT/GUARDIAN SIGNATURE: _____ **DATE:** _____